

FDC "Parent University" Workshop Agreement

What is Parent University: Parent University is a program designed to address the basic skills and support needed to excel as a parent. Three pillars form the basis of Parent University: *Pillars of Wisdom* –Knowledge and the ability to access the knowledge to make healthy decisions for self, children, and family; *Pillar of Skill* –Learned abilities needed to effective and compassionate parenting, and; *Pillar of Support* –Personal, and interpersonal resources needed for optimal health. Parent University is a place to come and ask questions regarding child development and other parenting practices, a place to get answers and information. All workshops take place at the Family Development Center.

Workshop Schedule

Dates of Workshop	Presenter	Topic	Time
Monday, Nov 1	Tina Mussleman	Eating well & living well: Good nutrition for kids and family.	6:00- 7:30 pm
Wednesday, Nov 10	Jon Carlson	Motivating Your Child	6:00- 7:30 pm
Monday, Dec 6	Jen Beebe	Bulling and cyber bulling	6:00- 7:30 pm
Wednesday, Dec 8	Julia Yang	Positive Parenting	6:00- 7:30 pm
Saturday, Dec 11	Collette Blakely	Dangers of technology	1:00- 4:00pm
Wednesday, Jan 19	Shannon Dermer	Wining the whining war.	6:00- 7:30 pm
Monday, Jan 24	Kim Snow	Step parenting	6:00- 7:30 pm
Saturday, Jan 29	Tim Pedigo & Al Tuskenis	Attachment & Parenting	
Monday, Feb 7	To Be Determined	To Be Determined	
Wednesday, Feb 16	Cyrus Ellis	Raising African American boys to men: A workshop for mothers	6:00- 7:30 pm
Saturday, Feb 26	Shea Dunham	Talking to your kids about diversity	
Monday, March 7	Crystal Blount	Coping with stress as a parent: Signs of & symptoms of stress	6:00- 7:30 pm
Wednesday, March 9	Barbara Gormley	Parent-infant Attachment	6:00- 7:30 pm

Saturday, March 26	Byron Waller	The role of men in children's lives.	1:00 – 4:00pm
Monday, April 4	Darlene Wright	Grief and loss for children	6:00- 7:30 pm
Wednesday, April 13	Pat Robey	Compassionate Parenting	6:00- 7:30 pm
Saturday, April 23	Tentative	To be determined	
Monday, May 2	Tentative	To be determined	6:00- 7:30 pm
Wednesday, May 11	Kate Sori	The serious business of play: using non directive play to help your children laugh, love, and grow.	6:00- 7:30 pm
Saturday, May 28	Tentative	To be determined	

Rich Township High School District 227 – School Board Goals

Goal #3 – External Learning Community

The Board will focus on improving the communication, relationship, and visibility of the school district with the outside community, engaging families and all stakeholders.

Dr. Selma McDonald – Director of Human Resources