

June 2010—Summer Food Program Menu

**Daily Breakfast Menu Choice: Grab & Go Cereal Box
which includes cereal, juice, crackers & Choice of milk**

RTHS District 227

Any child between the age of 1 to 18 years of age will be served a free meal according to the federal guidelines for the National School Breakfast & Lunch Program.

Meals will begin on Monday, June 7 through Monday, July 26, 2010 and will be available in the cafeteria of Rich Central High School.

- Breakfast will be served from 7:30 am—8:00 am .
- Lunch will be served from 10:30 am—11:00 am for all students in summer programs or camps.
- Lunch will be served from 11:00 am—11:30 am for the community

Adults can purchase the breakfast combo meal for \$1.00 and lunch combo meal for \$2.00.

Students are to consume all food in the cafeteria. No food is to be taken out of the cafeteria.



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2	3	4	5	
Feeding children nutritious meals to help them learn and grow!							
6 <i>Alternate Daily Special</i> <i>PB&J Smuckers Uncrustable</i>	7 Manager's Special Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	8 Manager's Special Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	9 Manager's Special Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	10 Manager's Special Choice of Bag Chips Choice of Juice or Fruit Choice of Milk Treat-Choc Chip Cookie	11	12	
Lunch Menu	13	14 Cheeseburger on a Bun Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	15 Polish Sausage on a Bun Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	16 Nachos El Grande Choice of Juice or Fruit Choice of Milk	17 Spicy Chicken Patty on a Bun Choice of Bag Chips Choice of Juice or Fruit Choice of Milk Treat-Choc Chip Cookie	18	19
	20	21 Eisenberg Hot Dog on a Bun Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	22 Bacon Cheeseburger on a Bun Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	23 Turkey Sub Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	24 Chicken Poppers w/ Roll Choice of Bag Chips Choice of Juice or Fruit Choice of Milk Treat-Choc Chip Cookie	25	26
	27	28 Baked Rotini w/Garlic Bread Choice of Juice or Fruit Choice of Milk	29 Individual Pizza Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	30 Nachos El Grande Choice of Juice or Fruit Choice of Milk			

Any questions concerning the Food Service Program call Pam Wynne, Director of Food Service, at 708-679-5728 or email pwynne@rich227.org

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Grilled BBQ Chicken Patty on a Bun Choice of Bag Chips Choice of Juice or Fruit Choice of Milk Treat-Choc Chip Cookie	2	3
4 <i>Alternate Daily Special PB&J Smuckers Uncrusta-</i>	5 Holiday—No School 	6 Walking Taco Choice of Juice or Fruit Choice of Milk	7 Turkey Wrap Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	8 Grilled Cheese Sandwich Choice of Bag Chips Choice of Juice or Fruit Choice of Milk Treat-Choc Chip Cookie	9	10
11 Lunch Menu	12 Chicken Patty on a Bun Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	13 Individual Pizza Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	14 Nachos El Grande Choice of Juice or Fruit Choice of Milk	15 Eisenberg Hot Dog on a Bun Choice of Bag Chips Choice of Juice or Fruit Choice of Milk Treat-Choc Chip Cookie	16	17
18	19 Baked Mostaccioli w/ Garlic Bread Choice of Juice or Fruit Choice of Milk	20 Chicken Medley Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	21 Turkey Sub Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	22 Nachos El Grande Choice of Juice or Fruit Choice of Milk Treat-Choc Chip Cookie	23	24
25	26 Manager's Choice Choice of Bag Chips Choice of Juice or Fruit Choice of Milk	27	28	29	30	31

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