



Rich Township High School District 227
20000 Governors Drive • Olympia Fields, Illinois 60461
Telephone 708-679-5800 • Fax 708-679-5733

FRESHMEN and TRANSFER STUDENT HEALTH INFORMATION

Dear Parent/Guardian:

In an effort to give you adequate time to obtain and complete the necessary forms and requirements before registering your child for 9th grade, we are attempting to provide as much information as possible. The following information is pertinent in order for your child to register for high school:

- **All** Illinois freshmen **must** have a physical dated after January 1, 2011.
- **All** students new to this district must have a copy of their freshmen physical in order to register.
- The physical must be on the **Illinois Health Examination Form**. The two-sided form is included in this packet. You may download the form from our website www.rich227.org **No other form will be accepted.** The form must have a **signature and stamp** from the doctor, APN or clinic with the BMI and Diabetes Risk Assessment done. The health history portion of the form must be completed and signed by a parent/guardian. **The physical must also be presented at the time of registration and reviewed by the school nurse.**
- All immunizations must be up-to-date and obtained at the appropriate intervals. Most incoming freshmen will need a Dt/Td booster. A booster is required every 10 years.
- A **sports** physical **is not** acceptable for a freshman physical. A sports physical is not acceptable for a student enrolling in the district for the first time. Only the Illinois Health Exam Form will be accepted. There is an area to be checked by the doctor/APN/clinic if your child is medically cleared to participate in sports.
- All students requiring prescription and/or over-the-counter medication during school hours must have a medication form completed. This form can be downloaded from our website. Students are not allowed to keep **any** medications with them at Rich Township Schools. The only exception is an asthma inhaler and an epi-pen. It is recommended that you take the medication form with you when your child has his/her school physical done. Your child may have a headache, cramps, stomachache or other discomfort and may need over-the-counter medication. If this form is on file, it may prevent the need for the student to go home or continue to suffer discomfort if you cannot be reached.
- The asthma permission form is available on the website www.rich227.org. The parent, student and doctor must sign it. The student must keep their inhaler with them at all times. If you would like the nurse to keep an inhaler in her office, please send a 2nd inhaler. It is required that students with asthma bring their inhaler to PE class.
- Arrange for your child's physical appointment early. Kindergarten students, 6th graders and many college students are also making appointments. Take the health form(s) with you to the doctor's office. Keep a copy of the physical for your records.
- If you have any questions or if your child has a chronic illness or other medical information that should be shared with the school nurse, please contact the nurse at any District 227 building:
 - Rich South - Arrie Christain RN at 708-679-3026 or achristain@rich227.org.
 - Rich East – Eileen Caddigan, RN at 708-679-6147 or ecaddigan@rich227.org
 - Rich Central – Sheila Stokes, RN at 708-679-5820 or sallenstokes@rich227.org