



# RICH EAST HIGH SCHOOL

## Athletics 2018-2019



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### FALL SPORTS

**BOYS CROSS COUNTRY** – TBA – Practice will begin on Wednesday, August 8<sup>th</sup>, 2018 at 3:30. Meet at Door 11. If you plan to participate in a Winter or Spring sport, consider Cross Country for conditioning.

**GIRLS CROSS COUNTRY** – TBA – Practice will begin on Wednesday, August 8<sup>th</sup>, 2018 at 3:30. Meet at Door 11. If you plan to participate in a Winter or Spring sport, consider Cross Country for conditioning.

**FOOTBALL** – Coach Middlebrook – Practice is scheduled at 3:30 for Varsity and Sophomore players and at 4:00 for Freshman. Meet on the football practice field.

**BOYS GOLF** – Coach Leonard – Practice will begin on Wednesday, August 8<sup>th</sup>, 2018 at 3:30. Meet at Door 11. If you have golf clubs, please bring them. We will travel to Green Garden Golf Course for practice.

**BOYS SOCCER** – Coach Grigsby – Practice will begin on Wednesday, August 8<sup>th</sup>, 2018 at 3:30 on the soccer field.

**GIRLS TENNIS** – Coach Stein – Practice will begin on Wednesday, August 8<sup>th</sup>, 2018 at 3:30. Meet by Door 11. Please bring your tennis racquet, if you have one.

**GIRLS VOLLEYBALL** – Coach Jenkins – Tryouts will begin on Wednesday, August 8<sup>th</sup>, 2018 at 3:30 in the Main Gym.

**CHEERLEADING** – Coach Drayton – Varsity and Sophomore Cheerleaders will have practice and Incoming Freshman will have tryouts beginning on Monday, August 13<sup>th</sup>, 2018 at 3:30. Meet by the Girls Locker Rooms.

**MARCHING BAND** – TBA – The Marching Band, Majorettes & Flag Corps will meet on Mon., Aug. 18<sup>th</sup>, 2018 at 3:30 in the Band Room.

**POMS** – Coach Lusby – Poms tryouts are August 13<sup>th</sup> at 3:30 in the Cafeteria. Practice begins on Tuesday, Aug. 14<sup>th</sup> at 3:30.

### WINTER SPORTS

**BOYS BASKETBALL** – TBA – Boys Basketball tryouts will begin on November 5<sup>th</sup>, 2018 at 3:30 in the Main Gym.

**GIRLS BASKETBALL** – Coach Bass – Girls Basketball tryouts will begin on October 29<sup>th</sup>, 2018 at 3:30 in the Small Gym.

**BOYS BOWLING** – Coach Pipikios, Coach Larsen – Tryouts will begin on October 22<sup>nd</sup>, 2018. This is a district co-op team. Meet at Door 11 at 3:15 for transport to Lakewood Bowl.

**GIRLS BOWLING** – Coach Wolf – Tryouts will begin on Nov. 12<sup>th</sup>, 2018. Meet at Door 11 at 3:15 for transport to Lakewood Bowl.

**WRESTLING** – TBA – Practice will begin on November 5<sup>th</sup>, 2018 at 3:30 in the Wrestling Room.

### SPRING SPORTS

**BASEBALL** – Coach Daggy – Tryouts will begin February 26<sup>th</sup>, 2019 at 3:30 in the Main Gym. Please bring your baseball glove.

**GIRLS SOCCER** – Coach Trulley – Practice will begin February 25<sup>th</sup>, 2019 at 3:30. Please meet at Door 11.

**SOFTBALL** – TBA – Tryouts will begin February 25<sup>th</sup>, 2019 at 3:30 in the Small Gym. Please bring your softball glove.

**BOYS TENNIS** – Coach Stein – Practice will begin on February 25<sup>th</sup>, 2019 at 3:30. Meet at Door 11. This is a district co-op team. Please bring your tennis racquet, if you have one.

**BOYS TRACK & FIELD** – Coach Reade – Practice will begin on January 14<sup>th</sup>, 2019 at 3:30 in the Wrestling Room.

**GIRLS TRACK & FIELD** – Coach Bulie – Practice will begin on January 14<sup>th</sup>, 2019 at 3:30 in the Weight Room.

**BOYS VOLLEYBALL** – Coach Viramontes – Tryouts will begin on March 4<sup>th</sup>, 2019 at 4:00 in the Main Gym. This is a district co-op team